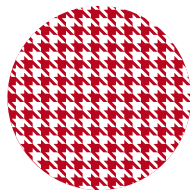


GF GLUTEN FREE
VG VEGAN
VT VEGETARIAN
DF DAIRY FREE

GLUTEN FREE
BREAD AVAILABLE



GOSSIP COFFEE

SOUP OF THE DAY
7.95

LOADED SOUP
8.95

BREAKFAST

SERVED ALL DAY

24 HOUR OATMEAL [GF, DF]

OVERNIGHT OATS, CASHEW BUTTER, CARAMELIZED WALNUTS,
FLAX + CHIA SEEDS, HONEY, SEASONAL FRUITS

9.95

BLUE OWL AÇAÍ BOWL [VG, GF, DF]

MANGO, BANANA, CHOCOLATE GRANOLA, DRAGONFRUIT,
ORANGE GOOSEBERRIES, FROZEN BLUEBERRIES

14.95

BREAKFAST SANDWICH

BACON JAM, LETTUCE, TOMATO, AVOCADO, EGG, SEMOLINA ROLL

10.95

THE MANHASSET

SCRAMBLED EGGS, HALLOUMI CHEESE, SPINACH,
ROASTED PEPPERS, TOMATO, BASIL MAYO, SEMOLINA ROLL

10.95

AVOCADO CRUSH [VT, DF]

WATERMELON RADISH, PARSLEY, CHIVES, PUMPKIN SEEDS,
BASIL SEEDS, NUTRITIONAL YEAST, JAMMY EGG, SEVEN GRAIN

15.95

KOULOURI + POACHED EGGS [VT]

SESAME BREAD, GREEK YOGURT, POACHED EGGS,
CHERRY TOMATOES, CHIVE OIL, TAHINI

16.95

AVODAISE EGGS BENEDICT BLT

WATERCRESS, TOMATO, MAPLE HARISSA BACON,
POACHED EGGS, AVOCADO SAUCE, BRIOCHE BUN

17.95

BEET SALMON GRAVLAX TOSTADA [GF, DF]

CASSAVA TORTILLA, SALMON GRAVLAX, AVOCADO,
VEGAN ALMOND RICOTTA, HORSERADISH DILL CREAM,
EVERYTHING BAGEL SPICES, FRISEE

18.95

CACAO PANCAKES [DF, VG]

CHOCOLATE, FROZEN RASPBERRIES, MARCONA ALMOND SPREAD,
BANANA ICE CREAM, WHITE MULBERRIES, CACAO NIBS

17.95

SPANISH OMELET

POTATOES, ONIONS, EGGS, SERRANO HAM PATE, TOMATO CROSTINI

16.95

SPINACH + LEEK EGGWHITE FRITTATA [VT]

SPINACH, LEEK, CREAM CHEESE, EGGWHITES, ARUGULA

17.95

LUNCH

SERVED 11AM UNTIL 8PM

THAI SALAD [DF, VG]

KALE, CABBAGE, SHAVED CARROTS, EDAMAME, BELL PEPPERS,
BARLEY, GREEN ONION, CHILI ALMONDS, SESAME DRESSING

16.95

TUNA POKE [DF, GF]

BABY SPINACH, CUCUMBER, EDAMAME, WAKAME, AHI TUNA, AVOCADO,
GLAZED JAPANESE EGGPLANT, SEAWEED FLAKES, CARROT GINGER

18.95

FALAFEL MEDITERRANEAN SALAD [VT, VG]

FALAFEL, HUMMUS, PARSLEY TOMATO SALAD, CUCUMBER, QUINOA,
ARUGULA, KALAMATA OLIVE, PEPPER DROP, PITA BREAD, TAHINI DRESSING

17.95

LONG ISLAND STREET CORN SALAD [GF, VT]

ROASTED CORN, AVOCADO, RED PEPPERS, RADISH, CILANTRO, ARUGULA,
COTIJA CHEESE, TORTILLA CHIPS, CREAMY LIME DRESSING
(SUB CAULIFLOWER RICE)

16.95

DOLSOT BIBIMBAP [VT, GF, DF]

BABY SPINACH, BRUSSELS SPROUTS, ZUCCHINI, GLAZED SHIITAKE,
BROWN RICE, SUNNY SIDE UP EGG, GOCHUJANG SAUCE

17.95

CHICKEN BANH-MI

MARINATED CHICKEN THIGHS, CUCUMBER, CARROTS, SRIRACHA,
PURPLE CABBAGE, CILANTRO MAYO, ITALIAN BREAD

16.95

THE HAVANA

ROAST PORK, HAM, SWISS CHEESE, PICKLES, MUSTARD, ITALIAN BREAD

16.95

CHICKPEA SALAD SANDWICH [DF, VG]

SMASHED CHICKPEA, CELERY, RED ONION, AVOCADO SPREAD,
CUCUMBER, TOMATO, MISO MAYO, SEVEN GRAIN

16.95

SWEET 'N STICKY STIR FRY [DF, GF, VG]

OYSTER MUSHROOMS, BABY CORN, BROCCOLINI, RED PEPPERS,
RED ONIONS, CASHEWS, CAULIFLOWER RICE

16.95

TUNA PAN BAGNAT

TUNA, KALAMATA SPREAD, TOMATOES, HARD BOILED EGGS, BASIL,
LEMON AIOLI, RED PEPPERS, ARTICHOKE SPREAD, SEVEN GRAIN

16.95

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY,
SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR
RISK OF FOODBORNE ILLNESS