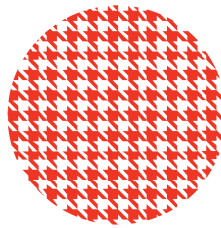


GF GLUTEN FREE
VG VEGAN
VT VEGETARIAN
DF DAIRY FREE

GLUTEN FREE BREAD AVAILABLE



SOUP OF THE DAY
5.95

LOADED SOUP
6.95

GOSSIP COFFEE

BREAKFAST

SERVED ALL DAY

24 HOUR OATMEAL [VG, GF, DF]

OVERNIGHT OATS, HONEY, CARAMELIZED WALNUTS, PUMPKIN SEEDS, FLAX + CHIA SEEDS, CASHEW BUTTER, SEASONAL FRUITS

6.95

BLUE LAGOON AÇAÍ BOWL [VG, GF, DF]

BLUE ALGAE, SPIRULINA, BLUEBERRY, BANANA, DRAGON FRUIT, CHIA SEEDS, DEHYDRATED COCONUT CHIPS

10.95

BREAKFAST SANDWICH

BACON JAM, LETTUCE, TOMATO, AVOCADO, EGG, SEMOLINA ROLL

8.95

THE MANHASSET

SCRAMBLED EGG, HALLOUMI CHEESE, SPINACH, ROASTED PEPPERS, TOMATO, BASIL MAYO

8.95

AVOCADO CRUSH [VT]

CRUMBLE GOAT CHEESE, PUMPKIN SEEDS, POPPY SEEDS, SUNFLOWER SEEDS, LEMON, JAMMY EGG

12.95

CRÈME BRULÉE FRENCH TOAST

BAKED MILK TOAST, TIGERNUT ICE CREAM, BLUEBERRIES

12.95

AVODAISE EGGS BENEDICT BLT

WATERCREST, TOMATO, MAPLE HARISSA BACON, POACHED EGGS, AVOCADO HOLLANDAISE SAUCE, BRIOCHE BUN

12.95

SPINACH + LEEK EGG WHITE FRITTATA [VT]

SPINACH, LEEKS, BASIL, CREAM CHEESE, PARMESAN

10.95

SALMON PASTRAMI

HOUSE MADE SALMON GRAVLAX, CAPERS, DILL, MARSCARPONE LEMON, CUCUMBER, ARUGULA, TOMATO, RYE BATARD

12.95

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS

LUNCH

SERVED 11AM TILL 6PM

TUNA POKE SALAD

AHI TUNA, WAKAME, MISO EGGPLANT, EDAMAME, CUCUMBER, AVOCADO, BABY SPINACH, CARROT GINGER SAUCE, TOBIKO

13.95

FALAFEL MEDITERRANEAN SALAD [VG, VT]

FALAFEL, HUMMUS, PARSLEY TOMATO SALAD, CUCUMBER, QUINOA, KALAMATA OLIVE, TAHINI DRESSING, PEPPER DROP

12.95

LONG ISLAND STREET CORN SALAD [GF, VT]

ROASTED CORN, AVOCADO, RED PEPPERS, RADISH, CILANTRO, COTIJA CHEESE, TORTILLA CHIPS, CREAMY LIME DRESSING

12.95

CAULIFLOWER TABBOULEH [VT, VG, GF, DF]

CAULIFLOWER, TOMATO, CUCUMBER, KALE, PARSLEY, MINT, SCALLIONS, PINE NUTS, LEMON VINAIGRETTE

11.95

CHICKEN BAHN-MI SANDWICH

HONEY GARLIC CHICKEN, PICKLED CARROTS, PICKLED CUCUMBER, CILANTRO MAYO, SIRACHA, BAGUETTE

11.95

COFFEE RUB BRISKET

CARAMELIZED PEARS, PICKLED RED ONION, WHITE CABBAGE, CHIMICHURRI SAUCE, ARUGULA, BAGUETTE

13.95

SMASHED CHICKPEA SALAD SANDWICH [DF, VT, VG]

ALFALFA SPROUTS, AVOCADO, CHICKPEAS, TOMATO, RED ONION, PICKLED CUCUMBER, CELERY, CASHEW MAYO, 7 GRAIN BREAD

11.95

LOBSTER ROLL

MAINE LOBSTER, CELERY, LEMON ZEST, MAYO, CHIVES, BRIOCHE BUN

17.95

TUNA SANDWICH

TUNA, CRANBERRIES, MAYO, GREEN OLIVES, CELERY, ARUGULA, BAGUETTE

11.95

**ALL FOOD IS PREPARED ON-SITE
AND SERVED FRESH DAILY**